

Los Paseos Neighborhood Association

General Meeting

June 7, 2025 -- in person and ZOOM

Board members in attendance: Greg Peck, president; Karen Lattin, vice-president; Barbara Canup, treasurer; Lynne Steele, secretary; and Alan Chan and Herb Bowen, member-at-large. 11 guests in person and on Zoom.

Greg Peck called the meeting to order at 7:15 pm

Topics on agenda:

- LPNA Neighborhood Update
- San Jose Police Department Update
- District 10 Councilmember George Casey
- Barbara St. Clair, National Alliance on Mental Health (NAMI)

LPNA Neighborhood Update, Barbara Canup

- The Native Plant Garden page is up on the website and there is a sign in the garden with a QR code to website.
- The Cal Scape website (www.calscape.org) has lots of good information on planting and taking care of native plants.
- The 10 trees planted are growing well. The two up on the hill need a bit more care and water.
- Volunteers for weeding, watering, trimming and general maintenance of trees and the garden are always needed.

National Night Out, Tuesday, August 5

- Plans are underway including Crimson Blues Band, Brian the Bubble Guy, pizza and ice cream, children's chalk art contest and games and appearances from SJPD and SJFD.
- Board members are working to secure sponsors and community tables.
- Volunteers are needed for pizza distribution, chalk art judging, sign-in table, and set up and cleanup.

SJ Police Department Update

- Lt. Gary Thompson gave 90-day statistics including 4 commercial burglaries, 4 vehicle break-ins and 0 armed robberies, accidents, or residential burglaries.
- Lt. Thompson also addressed issues in the park, reporting that SJPD is addressing.
- Lt. Thompson also reported that Captain Payne has added new patrols on all shifts and some undercover officers. He is also working with school liaisons.
- Lt. Kilmer also reported that swing shift patrols have increased.
- Gang Intervention is also involved. Call 408-277-8900 to report or email Captain Payne or Lt. Kilmer directly if you see something. FYI: 311 no longer goes to the police department.
- 408-277-8900 is the non-emergency number that routes to the 911 dispatchers who establish the priority of calls.
- Councilmember Casey said reporting has increased but more is needed to obtain additional officers and resources.

- Gang related graffiti is on the rise. City workers are asked to remove it within 24 hours. Casey cited a NY Study showing that lights in parks and neighborhoods have decreased crime by 39%.
- Light fixtures being gutted for copper wiring is a city-wide problem. He reported that there is a new city ordinance allowing prosecution of perpetrators. Additional patrols have been added, and police are investigating people who are trying to sell copper in addition to the people who purchase it.
- Councilmember Casey cautioned residents to observe and report, not engage. Get descriptions, partial license plates, etc. and report to the non-emergency number 408-277-8900 or report on 311 app.
- July 4 weekend, the police and fire department are working together. They will cite and confiscate. They also have undercover officers purchasing illegal fireworks and making arrests.
- There is a new city ordinance about sideshows Lt. Thompson said is working. The DA can charge people involved and the promoters of the side shows are getting prosecuted. Call if you see or hear a side show in progress.
- He also reported that the motorhomes on Via Del Oro are slated for removal.

D10 Update with Councilmember George Casey

- Councilmember Casey reported that 400+ people showed up to comment on the Mayor's June Budget Message. Pay for performance initiative was voted down; Casey voted for its passage. He also mentioned the Responsibility to Shelter initiative: if an unsheltered person is offered shelter 3 times in 18 months, they could be arrested.
- Councilmember Casey announced the cancellation of the July 4 fireworks festival and display at Almaden Lake citing crowd control issues and safety. A plan to host fireworks at the Santa Clara County Fairgrounds was also put on hold until 2026 but fireworks will be available at Lake Cunningham Park (subsequently changed to a drone show).
- Herb Bowen suggested that SJ DOT consider using solar lights in areas where copper theft has left street lighting inoperable (along Bernal Road, etc.) Councilmember Casey said he would investigate the possibility.
- Greg thanked both Councilmember Casey and his staff for their ongoing support of LPNA.

Barbara St. Clair, Outreach and Education, National Alliance on Mental Health (NAMI)

- NAMI is the largest grass roots mental health organization in the US. They offer support and advocacy with a goal of reducing the negative stigma of mental health issues.
- Statistics show that 340,000 adults in the Bay Area and 68,000 youths have some level of mental health issues with 50% beginning by age 14 and 75% by age 24. Common mental health conditions include anxiety disorders, depression, traumatic events, eating disorders, OCD, Schizophrenia, PTSD, ADHD, and bipolar disorders.
- Signs to recognize include:
 - Dramatic changes in mood, behavior, personality or sleeping,
 - Feeling sad or "empty,"
 - Feeling hopeless, irritable, anxious, guilty, or intense worries or fears,
 - Difficulty with daily activities,
 - Disobedience/aggression,
 - Changes in school performance
 - Excessive use of alcohol or drugs; and
 - Thoughts of death or suicide.
- NAMI Programs include education courses for individuals and families, support groups, a Helpline, presentations, and Community Peer Programs. All NAMI programs are free, and peer led.

- NAMI also focuses on Parity Laws, requiring the same coverage for mental health and substance abuse disorders as coverage for medical/surgical issues.
- Helpline number is 408-453-0400, option 1 and drop-in services are available M-F 10 am – 2 pm at 1150 Bascom Ave #24, San Jose. You can also text or call 988, Santa Clara County Suicide Prevention Hotline.
- Additional resources include CA Dept of Managed Health Care: <https://www.dmhca.ca.gov> or 1-888-466-2219 or CA Dept of Insurance: <https://www.insurance.ca.gov> or 1-800-927-4357.
- October 4, 2025, is the NAMIWalks Silicon Valley at History Park, a fundraising and awareness raising walk. Funds raised allow the organization to provide services at no cost for all in need. Register at www.namisantaclara.org.
- Ms. St. Clair stressed knowing your rights and getting the care you need – for yourself or family members.

The next LPNA General Meeting is Thursday, September 18, 2025, at 7:00 pm

Greg Peck Adjourned the meeting at 8:43 pm.